

2026 JULI

ma	di	wo	do	vr	za	zo
29	30	1 19u:Full Body - Ward 19u30: Core - Ward 20u: Hybrid - Ward	2 18u: Kracht - Hanne 19u: Boks - Niels	3	4 10u: Full Body - Tille 10u30: Tabata - Tille 11u: Easy Fit - Tille	5
6 19u: Circuit - Hanne 20u: Circuit - Ward	7 10u: Easy Fit - Niels 20u:Small Gr - Niels	8 19u:Full Body - Ward 19u30: Core - Ward 20u: Hybrid - Ward	9 18u: Kracht - Hanne	10	11 10u: Full Body - Tille 10u30: Tabata - Tille 11u: Easy Fit - Tille	12
13 20u: Circuit - Ward	14 10u: Easy Fit - Niels 20u:Small Gr - Niels	15 19u:Full Body - Ward 19u30: Core - Ward 20u: Hybrid - Ward	16 18u: Kracht - Hanne 20u: Pilates - Nina	17	18 10u: Full Body - Hanne 10u30: Tabata - Hanne 11u: Easy Fit - Hanne	19
20 19u: Circuit - Hanne	21 Feestdag	22	23 18u: Kracht - Hanne 20u: Pilates - Nina	24	25 10u: Full Body - Tille 10u30: Tabata - Tille 11u: Easy Fit - Tille	26
27 20u: Circuit - Ward	28 10u: Easy Fit - Niels 20u:Small Gr - Niels	29 19u30: Circuit - Ward	30 18u: Kracht - Hanne 20u: Pilates - Nina	31	1	2
3	4	5	6	7	8	9